# R. C. Patel Educational Trust's Institute of Management Research and Development, Shirpur. Academic year 2020-21

Date: - 30/07/2020

# Yuvati Sabha Plan

| Month     | Proposed Activity Name   |
|-----------|--|
| August    | <ul> <li>Webinar on # Charcha 2020</li> <li>Note : Only for IMRD students and all girls student</li> </ul>           |
| August    | Webinar on "Call Your Mentor", Girls, has Pandemic<br>made you think of Quitting College?                            |
| September | Webinar on "Limit your Identities on Social Platform"  |
| September | Webinar on "How to handle Stress and avoid depression<br>during covid-19"  |
| October   | Webinar on "Covid -19 and Ending Violence against girls<br>and Women's   |
| October   | Seminar on Ragging Friendly campus (Girls/Boys),<br>awareness of social media, Introducing''#Lets Speak''<br>scheme. |
| January   | Swayam Siddha workshop (KBC NMU)   |
| January   | <ul> <li>Seminar on "LAF" (Love Attraction Friendship)</li> </ul>  |
| February  | <ul> <li>Seminar on 'Health and Hygiene' practices for<br/>girls/women.</li> </ul>                                   |
| February  | Presentation on cyber security   |
| March     | <ul> <li>International women's day Celebration 8<sup>th</sup> March<br/>(Motivational Speech)</li> </ul>             |

**Note:** -Workshop on "SwayamSidhha" for girl students is planned according to the funding from KBCNMU, Jalgaon

#### Director

Dr. VaishaliPatil

# **Details Plan of above activities:**

#### 1) Webinar on # Charcha 2020

Objective: - Precaution at Covid-19 Center / Swab Test, Health

Participant Classes: - All IMRD girls student (Except first years)

# 2) Webinar on "Call Your Mentor", Girls, has Pandemic made you think of Quitting College?

Objective: - Take guidance and share personal problems with YuvatiSabhaladies faculty of Institute.

Participant Classes: - All IMRD girls student (Except first years)

3) Webinar on "Limit your Identities on Social Platform"

**Objective:** - To aware girl's students about sharing personal information on social media and online sessions.

Participant Classes: - All IMRD girls student (Except first years)

## 4) Webinar on "How to handle Stress and avoid depression during covid-19"

Objective: -Precaution at Covid-19 Center / Swab Test, Health

Participant Classes: - All IMRD girls student (Except first years)

# 5)Webinar on "Covid -19 and Ending Violence against girls and Women's"

Objective: - To aware about domestic violence to girls students

Participant Classes: - All IMRD girls student (Except first years)

6) Seminar on Ragging Friendly campus (Girls/Boys), awareness of social media, introducing "#Lets Speak" scheme. (Girls/Boys):-

Objective:-Building and Preserving a Culture of Ragging Free Environment in the Campus

Participant Classes: - All First year student

## 7) Seminar on"LAF"(Love Attraction Friendship) (Girls/Boys):-

**Objective:** - Help to accept them the way they are and give them the courage to make their own decisions, without worrying about others opinions. **Participant Classes:** - All First year students.

Resource Person: -Hon. Director Madam

## 8) Seminar on 'Health and Hygiene' practices for girls/women:-

**Objective:** -To educate the girls about health and hygienic practices.

Participant Classes:-All First year girls students.