

7.1.1 Measures initiated by the Institution for the promotion of gender equity during the year.

Provide Web link to:

- ☐ Annual gender sensitization action plan
- ☐ Specific facilities provided for women in terms of:
 - Safety and security
 - Counseling
 - Common Rooms
 - Day care center for young children
 - Any other relevant information

Number of gender equity promotion programs organized by the institution during the last year

Title of the program	Date and Duration (from-to)	Number of Beneficiaries
Webinar on Charcha 2020	13 th September 2020	73
Jingle Writing Competition	04 th October 2020	41
Webinar on “How to handled stress and avoid depression during COVID-19	18 th October 2020	226
Survey of Using Sanitary Pads and Hygiene Practices at Umarda	4 th December 2020	306
Group discussion on “Gender Discrimination at home and workplace”	12 th January 2021	62
National Girl Child Day	24 th January 2021	55
Webinar on "Cyber Safety Awareness	12 th February 2021	136
International Women’s Day	8 th March 2021	25
Webinar on Female Health and Hygiene	9 th March 2021	96

Response:

Institute’s Regulation and Policy guidelines for admission, administrative and academic function safeguard the interests of the students without any discrimination to their gender. As a matter of fact true spirit of education is being practiced in the Institute i.e. no unfairness against caste, creed, religion and gender including third gender. Institute provides safety, security and counseling facilities to both male and female students through its well defined Equity, Diversity and Non-discriminatory policy guidelines.

a) Safety and Security

Shirpur Town and Tehsil is very safe and secure place for girls and women because of visionary leadership of local leaders. The Institute explicitly and exhaustively follows safety norms in all aspects.

- Safety and security for girl students is ensured by these personnel.
- Timely medical assistance for girl students can be given.
- Transport facilities are easily provided in case of emergency.
- The institute campus has a Security checks at entrance for all persons. Students and staff wear Identity card at all times.
- Institute has installed CCTV Cameras at different locations.
- Grievance Cell provides a convenient opportunity for girl students to raise the problems of harassment, if any.
- Separate rooms / toilets / hostel facilities are provided for male and female students in Institute.

b) Counseling on Gender Equity

- Institute organizes and celebrates various programmes like Women's day, parent's Day, Friendship Day and Teacher's Day etc. every year. All the faculty members, non-teaching staff and students jointly celebrate these programmes. Apart from this, Cultural Day, Sports Week and other extracurricular activities are regularly organized in the Institute.
- Institute has set up different committees like Yuvati Sabha, Anti-ragging committee, Women Anti Harassment committee, Grievances Committee etc.
- For effective mentoring and welfare of the students, Parent Teacher System is formed for class.
- The mentoring system is adopted to improve the rapport between the faculty and students.
- The main objective is to keep track of the progress of students and counsel them accordingly for academic and personal guidance.
- Institute endeavors to look after the total personality development of students through Parent Teacher concept, Co-curricular and extracurricular activities and counseling.
- The faculty offers guidance to the prospective professionals in addition to classroom teaching. The Training and Placement cell has been putting efforts in this direction.



Parent Teacher while counseling students

C) Common Room

Institute has established common room to facilitate female students' needs. The room is designed to give female students a place to relax, study, and have informal discussions during their free time. The common room is provided with magazines, books, and newspapers. Specific cleaning schedule is given to the housekeeping people and it is followed meticulously.



Survey of Using Sanitary Pads and Hygiene Practices at Umarda



Webinar on Charcha 2020

Speaker Name:- Dr. Shital F. Raka

- **Qualification Details :**
 - ❑ Graduation : BAMS(2002), KVTRAC, Boradi
 - ❑ Master Degree : MD in Medicine (2006), panchvati Ayurv
 - ❑ Additional Qualification : Yogshikshak diploma (2019).
- **General & Ayurvedic Practices since 2007..**
- **Present Working Profile :**
 - ❑ Medical officer at Cottage Hospital , Shirpur
 - ❑ Visiting Consultant At MR Patel CBSE SCHOOL ,Tande..
- **Worked as ASSOCIATE PROFESOR from 2007 t**
- **Active Body Member : Dr's club Shirpur**
- **Co-treasurer : Nima Women's Forum, Shirpur**

Zoom Meeting interface showing participants: V, D, P, C, S, I, and others.

Webinar on Charcha 2020

Webinar on “How to handled stress and avoid depression during COVID-19

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Group discussion on “Gender Discrimination at home and workplace”



Group discussion on “Gender Discrimination at home and workplace”



Webinar on "Cyber Safety Awareness"



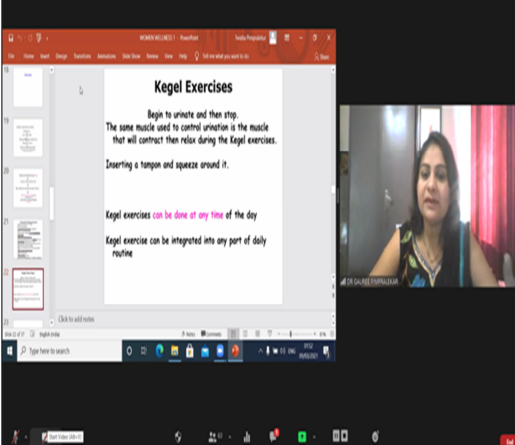
R. C. Patel Educational Trust's
Institute of Management Research and Development, Shirpur
NSS Unit and Library Department
Organizes
“Online Essay Competition”
 On The Occasion of
 **International Women's Day 2021**
 Date: 08th March, 2021 Time: 3.00 PM to 4.00 PM



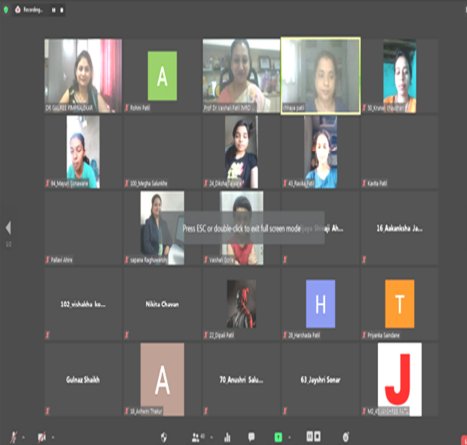
R. C. Patel Educational Trust's
Institute of Management Research and Development, Shirpur
 Accredited by NAAC 'B+' Grade
Hearty Congratulations !!!
 to the Winners of
“Essay Competition”
 organized by
 NSS Unit and Library on 08 March, 2021
 on the occasion of “International Women's Day”

Rank	Student Name	Class
1st	Pranjal R. Girase	BMS-II
2nd	Kajal V. Buva	BBA-II

International Women's Day



Kegel Exercises
 Begin to urinate and then stop.
 The same muscle used to control urination is the muscle that will contract then relax during the Kegel exercises.
 Inserting a tampon and squeeze around it.
 Kegel exercises can be done at any time of the day
 Kegel exercise can be integrated into any part of daily routine



Webinar on Female Health and Hygiene