3.4.1 - Extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the year.

Event Name :- International Yoga Day

Date :- 21-June-2020

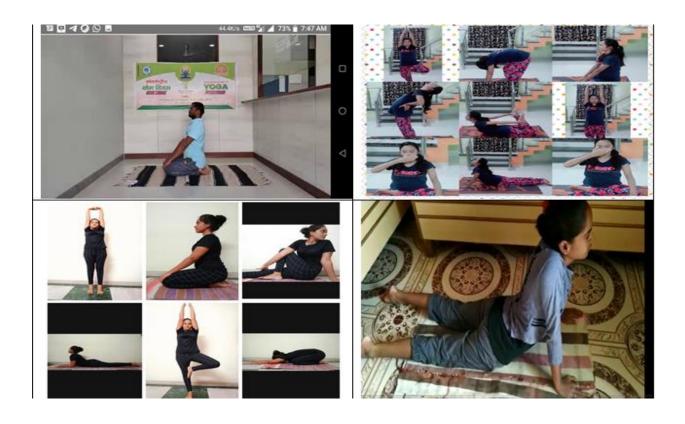
Event Detail :-

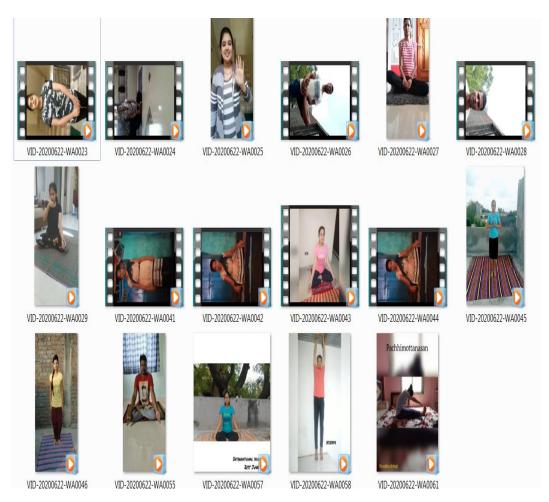
NSS Unit celebrated International Yoga Day, on the theme 'Yoga at Home and Yoga with Family' on 21st June, 2020 on an online platform. The main objective of celebrating International Yoga Day was to pursue the legacy of yoga and its practices. Teaching staff and non-teaching staff attended yoga session through online platform (webx) from 7.00 am to 8.00 a.m. conducted by R.C.Patel Educational Trust's. Demonstration of various yoga postures and its importance were excellently delivered by our colleague Mr. Mr.Anil Patil sir & Milind Songade sir, from R.C.Patel Educational Trust's.

Student Participants were asked to

- Choose any four asanas from the common yoga protocol video and PDF released by the Ministry of Ayush, India.
- Perform the chosen asanas and record them in the form of single video or capture each asana as a separate photograph.

Overall, International Yoga day was a grand success with a total of 107 participants participated in International Yoga Day including NSS Volunteer and student of different course from institutions.





Principals, faculties and students participated in international yoga day



आयएमआरडी परिसंस्थेतर्फे योग दिन साजरा

शिरपूर : यंथील आर. सी. पटेल एज्युकेशनल ट्रस्ट संचलित इन्स्टिट्युट ऑफ मॅनेजमेंट रिसर्च ॲण्ड डॅव्हलपमेंट परी संस्थेतफें आंतरराष्ट्रीय योग दिन साजरा करण्यात आला.

यावर्षी कोरोनाच्या पार्श्वभूमीवर परिसंस्थेतील विद्यार्थ्यांनी घरी राहूनच योगासन करून त्याचा एक मिनिटाचा व्हिडीओ पाठवून अभिनवरित्या जागतिक योग दिवस साजरा केला. यावर्षी 'योगा ॲट होम ॲण्ड योगा विथ फॅमिली' ही अभिनव संकल्पना राबविण्यात आली. या दिवशी रा. से.यो. स्वयंसेवकांनी व विद्यार्थ्यांनी स्वतःचे एक मिनिटांचे व्हिडिओ करून योगा दिना विषयी जनजागृती देखील केली. परिसंस्थेच्या संचालिका डॉ. वैशाली पाटील यांच्या मार्गदर्शनाखाली उपक्रमाचे आयोजन करण्यात आले. सर्व विद्यार्थ्यांना योग मार्गदर्शन



पुस्तिका उपलब्ध करून देण्यात आली होती. उपक्रमाचे संयोजन रासेयो एककाचे कार्यक्रम अधिकारी प्रा.मनोज पाटील यांनी केले. उपक्रमाबहल माजीमंत्री अमरिशभाई पटेल, नगराध्यक्षा जयश्रीबेन पटेल, संस्थेचे अध्यक्ष भुपेशभाई पटेल, उपाध्यक्ष तपनभाई पटेल, चेअरमन राजगोपाल भंडारी, सचिव प्रभाकरराव चव्हाण, माजी कुलगुरू डॉ. के.बी.पाटील, परिसंस्थेच्या संचालिका डॉ. वैशाली पाटील, एम.सी.ए. विभागप्रमुख प्रा. मनोज बेहेरे, एम. एम.एस विभागप्रमुख डॉ. मनोज पटेल, पदवी विभागप्रमुख प्रा. तुषार पटेल यांनी कौतुक केले. **Event Name** :- Tree Plantation **Date** :- 8th July 2020

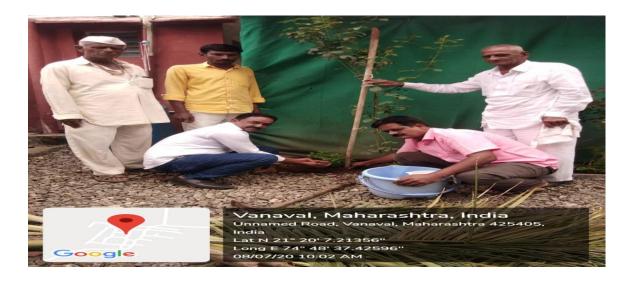
Place :-. Shirpur ,Vanawal ,Arthe, Bhoiti,Thalner, Shingave, Tajpuri, Ajande

Event Detail :-

The NSS Unit of IMRD organized "Tree Plantation" program under the National Service Scheme (NSS) of Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaonon 8th July2020 in the Institute premises and outside. Due to Covid-19 lockdown period volunteers were asked to do this activity at their residential areas. In this activity, total 45 persons including NSS volunteers and staff members have taken active participation.

In this program total 45 saplings of Neem, Jamun and other plant varieties planted by NSS volunteers and staff members at different places like Shirpur ,Vanawal ,Arthe, Bhoiti,Thalner, Shingave, Tajpuri, Ajande etc.







Tree Plantation Activity



पटेल आयएमआरडी परिसंस्थेत वृक्षारोपण

शिरपूर: आर. सी. पटेल आय. एम. आर. डी. परिसंस्थेत वृक्षारोपणाचा कार्यक्रम घेण्यात आला.

राष्ट्रीय सेवा योजना पुणे विभाग कवियत्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ, जळगाव यांच्या संयुक्त विद्यमाने 'झाडे लावा झाडे जगवा' ही मोहीम सुरू करण्यात आली आहे.

या मोहिमेत आर. सी. पटेल आय. एम. आर. डी. परिसंस्थेच्या संचालिका डॉ. वैशाली पाटील, सहसंचालक व एम. सी. ए. विभागप्रमुख प्रा. मनोज बेहेरे, एम. एम. एस. विभागप्रमुख डॉ. मनोज पटेल, पदवी विभागप्रमुख प्रा. तुषार



पटेल व रासेयो कार्यक्रम अधिकारी प्रा. मनोज पाटील, प्रा. मानसी वैद्य यांनी परिसंस्थेच्या आवारात सोशल डिस्टिन्सिगद्वारे विविध जातींचे वृक्षारोपण केले. परिसंस्थेच्या एन. एस. एस. स्वयंसेवकांनी वृक्षारोपण केले. परिसंस्थेच्या एन. एस.एस. एककाच्यावतीने दत्तक गाव वनावल येथील ग्रामस्थांनी सहभाग नोंदविला.

परिसंस्थेचे राष्ट्रीय सेवा योजना स्वयंसेवक, शिक्षक व शिक्षकेत्तर कर्मचारी यांनी उत्स्फुर्त सहभाग नोंदिवला. आयोजनासाठी संस्थेच्या संचालिका डॉ. वैशाली पाटील यांचे मार्गदर्शन लाभले. कार्यक्रम यशस्वीतेसाठी राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी प्रा. मनोज पाटील, प्रा. मानसी वैद्य यांनी परिश्रम घेतले. यशस्वी आयोजनाबद्दल माजी मंत्री अमरिशभाई पटेल, नगराध्यक्षा जयश्रीबेन पटेल, आर. सी. पटेल एज्युकेशनल ट्रस्ट संस्थेचे अध्यक्ष भुपेशभाई पटेल, उपाध्यक्ष तपनभाई पटेल, चेअरमन राजगोपाल भंडारी, प्रभाकरराव चव्हाण, माजी कुलगुरू डॉ. के.बी.पाटील, परिसंस्थेच्या संचालिका डॉ. वैशाली पाटील यांनी कौतुक केले.

Event Name :- Tobacco free Collective E-Pledge

Date :- 11th July 2020 Place :-.Shirpur

Event Detail :-

NSS Unit of IMRD organized "Tobacco free Collective E-Pledge Program" on the occasion of World Population Day which was held on 11th July 2020.

As per World Health Organization (WHO), roughly in India 27000 people die because of tobacco related ailment every year. In Maharashtra itself near about 529 citizens are using tobacco daily.

Thus to create awareness and making the Institute tobacco free, pledge was taken by the NSS volunteers, students of BBA,BMS,MMScourses, Teaching and Administrative staff. In this activity total 82 persons took active participation.







Tobacco free Collective E-Pledge

आयएमआरडी परिसंस्थेत तंबाकूमुक्तीची शपथ



शिरपूर

येथील आर. सी. पटेल आय.एम.आर.डी. परीसंस्थेत रा.से.यो विभागातर्फे जागतिक लोकसंख्या विनानिमित्त तंबाख

(पान २ वरुन)महाराष्ट्र विद्यापीठाच्या संयुक्त विद्यमाने राष्ट्रीय स्तरावर तंबाखू मुक्त व स्पीट फ्री इंडिया मुब्हमेंट अतंर्गत ऑनलाइन प्रतिज्ञा व जन जागृती कार्यक्रमाचे आयोजन आर. सी. पटेल आय.एम.आर.डी. परीसंस्थेत करण्यात आले. परीसंस्थेतील सर्व विदयार्थी व व्यसनापासून मुक्त होण्यासाठी शपथ घेण्यात आली.

रस्त्यावर सामृष्टिक ठिकाणी थुंकल्याने कोरोनाचा संसर्ग वाढत असल्याने सर्व सामान्य

रां.से.यो एककाच्या सर्व स्वयंसेवकांनी ई-शपथ कार्यक्रमात आपला मोठ्या प्रमाणात सहभाग नौंदविला. परीसंस्थेच्या संचालिका डॉ. वैशाली पाटील, सहसंचालक एम.सी.ए. विभागप्रमुख प्रा. मनोज बेहेरे, एम.एम.एस. विभागप्रमुख डॉ. मनोज पटेल, जनतेचे प्रबोधन व्हावे, कोरोनाचा संसर्ग पसरू नये म्हणून संबंध हेल्थ फाऊंडेशन, नवी दिल्ली आणि कवियत्री बहिणाबाई चौधरी उत्तर(पान ३ वर)

पववी विभाग प्रमुख प्रा. तुषार पटेल, रा.सं.यो कार्यक्रम अधिकारी प्रा. मनोज पाटील, रा.सं.यो महिला अधिकारी प्रा. मानसी वैद्य सर्व शिक्षक व शिक्षकेतर कर्मचारी उपस्थित होते. सोशल डिस्टिन्संगचे पालन करीत ही शपथ घेण्यात आली. **Event Name** :- World Organ Donation Day

Date :- 13th August 2020 to 20th August 2020.

Event Detail :-

NSS unit Organized awareness program on organ donation from 13th August 2021 to 20th August 2021 to aware the students about the importance of Organ Donation by organizing various activities like Easy Competition, Elocution Competition, Drawing Competition.

Sr. No.	Program Name	Date	Count of Participants
1	Easy Competition	14/08/2020	08
2	Elocution Competition	15/08/2020	02
3	Drawing Competition	16/08/2020	05



World Organ Donation Competition glimpse

Event Name :- Fit India Run and Fit India Movement **Date** :- 15th August 2020 to 2nd October 2020

Event Detail :-

Fit India Movement is a nation-wide movement in India to encourage people to remain healthy and fit by including physical activities and sports in their daily lives. RCP IMRD NSS Volunteers actively participated in Awareness Campaign-FIT India Freedom Run from 15th August 2020 to 2nd October 2020 and Fit India Movement from 15th August 2020 to 14th September 2020 under the guidance of Government of Maharashtra and KBC NMU, Jalgaon.

Fit India Movement: Hon'ble Prime Minister Narendra Modi launched the Fit India Movement on the occasion of National sports day..

Our institute will be organizing various exercises during the activity periods under FIT INDIA MOVEMENT.

The NSS Unit of the institute is encouraging all students to take up more physical activities like running, cycling, walking, outdoor games, and yoga activity.

Fit India Freedom Run is held to encourage fitness and to get freedom from obesity, laziness, stress, anxiety, diseases, etc. The concept behind this run is that "It can be run anywhere, anytime!".

Student will-

Run a route of his/her choice, at a time that suits him/her.

Run his/her own race at one's own pace.

Track run km manually or by using any tracking app on mobile or GPS watch.

Do the exercise of his/her choice

Volunteers actively participated in these activities with their family members.







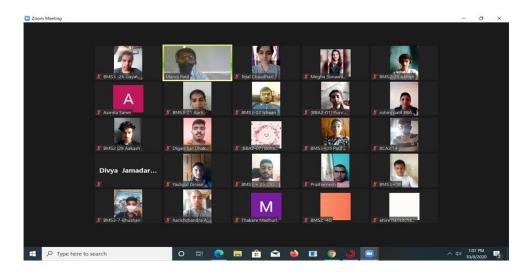
Volunteers participated in Fit India Run and Fit India Movemen

Event Name :- Pledge Against COVID-19

Date :- 8th October 2020

Event Detail :-

To spread awareness among Student ,Volunteers and Staff about COVID-19, Online Pledge against COVID-19 was conducted through Zoom Platform on 8th October 2020, in which total 288 Students,53 Volunteers and 23 Staff Participated.





Pledge against COVID-19

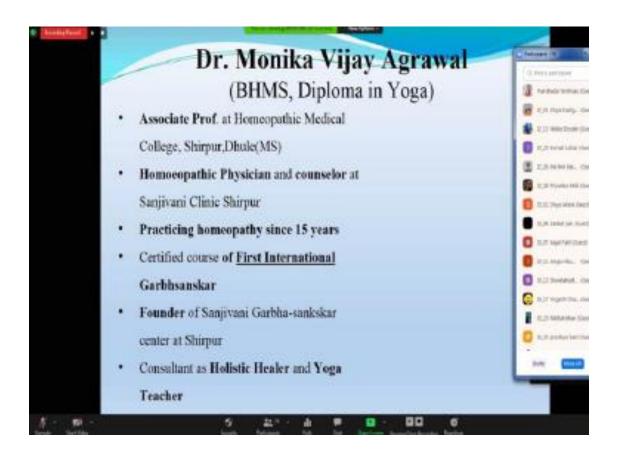
Event Name : - Webinar on How to handle stress and avoid depression during

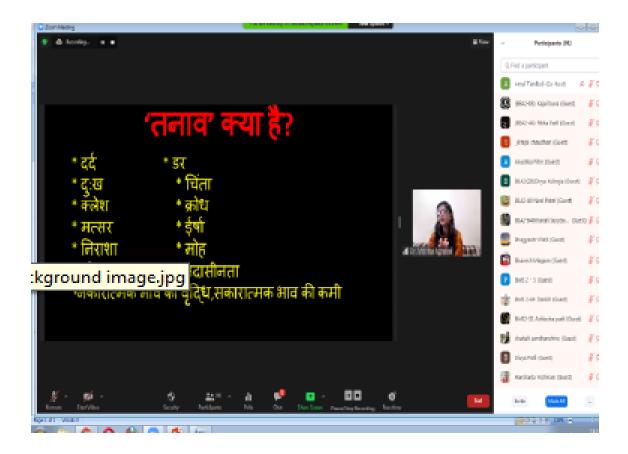
Covid-19

Date : - 18 Oct 2020

Event Details :-

SDD committee of Institute organized a webinar on "How to Handle Stress and Avoid Depression during COVID-19" for UG and PG Department students on 18th October 2020. Total 226 participants were present for this webinar. For this webinar Dr. Monika V. Agrawal, Associate Professor, Homeopathic Medical College, Shirpur was invited as a resource person. The objectives of this webinar were to find out the reasons of stress and depression in daily life during Covid-19, to know the process of solving stress and to have a happy life. Webinar began with discussion of causes of stress in our lives. Dr. Monika V. Agrawal had an interactive session with students in which she asked various questions related to stress and depression. She gave systematic method to face stress so that to have happy and problems free life. She focused on importance of living in the present and not to think much of past in our lives. She explained very easy methods to know ourselves in better way by following very simple strategies. She also talked about the importance of meditation, yoga and regular exercise in our life.





Event Name :- Vigilance Awareness Week

Date :- 27th October 2020 to 2nd November 2020

Place :-.Shirpur

Event Detail :-

As per the direction from Central Vigilance Commission (CVC) and KBC NMU, Jalgaon , the Vigilance Awareness Week was observed by NSS unit of the Institute from 27th October 2020 to 2nd November 2020 with the theme of "Vigilant India, Prosperous India" to promote integrity, transparency and accountability in public life to make a corruption free society. The observance of this week was commenced with the "Integrity Pledge" to spread awareness against corruption. On 27th October 2020, Integrity Pledge for organization was taken by the HOD of MMS Department Dr. Manoj B. Patel along with staff in Institute. Staff, student and volunteers also took E-Pledge on the website https://pledge.cvc.nic.in/. On 28th October 2020, NSS Unit organized a Poster Competition on the theme "Corruption Free India" to inculcate awareness on corruption and anti-corruption measures. On 29th October 2020, NSS Unit organized an Essay Writing Competition on the theme "Making India Super Power through Overall Vigilance Awareness". On 31st October, NSS unit celebrated a National Unity Day. On 2nd November 2020, NSS Unit organized an E-Quiz to test knowledge about Vigilance Commission of India. 311 participants took the pledge, 35 students participated in poster competition, 31 students participated in essay writing competition and 233 students participated in E-Quiz.



Integrity Pledge by Dr. Manoj B. Patel, HOD, MMS





Poster by Patil Pranjal Kantilal, BCA-I

Event Name :- National Unity Day
Date :- 31st October 2020

Place :-.Shirpur

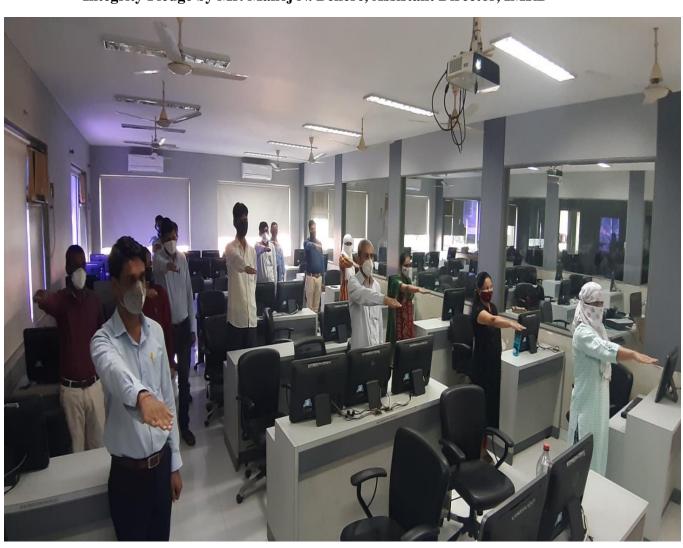
Event Detail :-

NSS Unit of IMRD, celebrated birth anniversary of Iron Man of India Shri. Sardar Vallabhbhai Patel, the man behind National Integration of the Country as National Unity Day (Rashtriya Ekta Diwas) on 31st October 2020. Rashtriya Ekta Diwas (National Unity Day) was introduced by the Government of India and inaugurated by Indian Prime Minister Hon. Narendra Modi in 2014. The intent is to pay tribute to Shri. Sadar Vallabhbhai Patel, who was instrumental in keeping India united. This day is to be celebrated on 31st October every year as annual tribute to Shri. Sardar Vallabhbhai Patel. The official statement for Rashtriya Ekta Diwas by the Home Ministry of India cites that the National Unity Day "will provide an opportunity to re-affirm the inherent strength and flexibility of our nation to withstand the actual and potential threats to the unity, integrity and security of our country".

The aim of program was to create awareness about the National Unity among the staff, students etc. On this occasion the Integrity pledge was delivered by the Mr. Manoj N. Behere, Assistant Director of Institute and followed by staff in Institute. Integrity pledge was also shared among students and NSS volunteers through whatsapp groups of classes. Total 311 participants took the pledge. This pledge was inspired with the vision and actions of Shri. Sardar Vallabhbhai Patel and his efforts for the unification of the country.



Integrity Pledge by Mr. Manoj N. Behere, Assistant Director, IMRD



National Unity Day

Event Name :- Survey of Using Sanitary Pads and Hygiene Practices at Umarda

Date :- 04 December 2020

Place :-. Umarda

Event Detail :-

Institute's NSS unit conducted a survey of Using Sanitary Pads and Hygiene Practices for rural girls and women at Umarda, Tal-Shirpur on 4th December 2020. It was a survey about use of sanitary pads and awareness of health and hygiene practices during menstrual cycle. The objectives were to collect the information about the perceptions, different aspects of menstrual hygiene among girls and women of Umarda, to collect and analyze the information of social awareness, quality of life, health and hygiene practices during menstrual cycle of girls and women of Umarda.

Umarda village is located in Shirpur taluka of Dhule district. It is 36km away from Shirpur. Umarda has a total population of 3,261 peoples. Total 8 girl volunteers of NSS and Aasha workers conducted this survey. This survey was conducted for 294 girls and women of Umarda. Along with survey, volunteers spread information about best hygiene practices and health importance among girls and women of the village. In survey form the questions were regarding personal details, most commonly used product during menstrual cycle, health issues arises due to commonly used product etc. The major problem faced during the survey was the language barrier and shyness among girls and women. This problem was solved with the help of local authorities and Aasha workers.



Mr.Jayvant Padvi, Sarpanch, Umarda giving instruction about Survey to Villagers



Students Conducting Survey



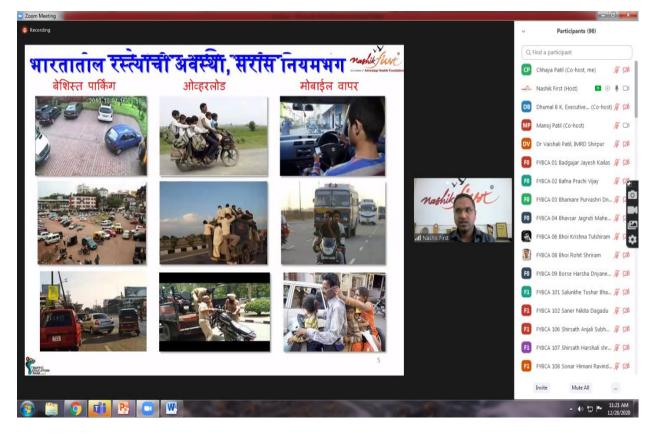
Students Conducting Survey

Event Name :- Road Safety Awareness Week and Slogan Competition

Date :- 28th December 2020 to 2nd January 2021

Event Detail :-

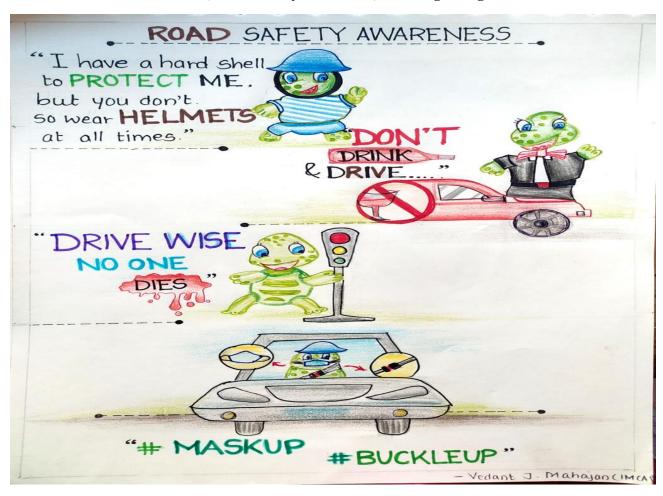
Institute celebrated Road Safety Awareness Week under NSS Unit in association with Nashik First, The Advantage Nashik Foundation, Nashik. It was from 28th December 2020 to 2nd January 2021. During this week, road safety and traffic awareness training program and slogan competition was organized to bring more awareness among youth. There were 314 participants. "It is necessary that everyone should follow traffic rules. All those rebels who don't care to follow the rules are in constant danger. It is our moral duty to follow road safety rules", these words were said by Dr. Vaishali B. Patil, Director, IMRD on the account of road safety awareness week. On 28th December 2020, Mr. Mayur Bagul was the resource person who guided BCA-I students on various traffic rules and safety measures. On 30th December 2020, Mrs. Sonali Pawar was the resource person who guided BBA-I students. On 1st January 2020 again Mr. Mayur Bagul addressed students of BMS-I and NSS volunteers. Also the slogan competition was organized on 29th December 2020 on road safety awareness for first year students of BBA, BCA, BMS, IMCA and NSS volunteers. Students showcased their artistic skills at a slogan writing competition. For this competition 48 students participated from the assigned classes. The first winner was Ms. Shivani Sanjay Tapase, BBA-I. Second winner was Mr. Vedant Jitendra Mahajan, IMCA-I and third winner was Ms. Himangi Vikas Patil,



Mr. Mayur Bagul, Road Safety Instructor, Nashik while addressing to students



Mrs. Sonali Pawar, Road Safety Instructor, Nashik guiding to students



The slogan competition

Event Name :- HIV AIDS Awareness Poster Competition

Date :- 28th December 2020

Event Detail :-

NSS Unit of IMRD organized a poster competition on HIV AIDS Awareness. This competition was organized on 28th December 2020 for first year students of BBA, BCA, BMS, IMCA and NSS volunteers. The inspiration behind organizing this competition was to enable the students to know the various causes of HIV AIDS and prevent it by spreading awareness in the society, to increase the alertness and sensitivity of students about the current scenario of HIV AIDS in the country and to demonstrate the health education to peoples about HIV AIDS etc. Total 68 students participated in this competition with great zeal and enthusiasm and expressed their thoughts on different aspects of HIV AIDS through their posters. After evaluation of posters, final three winners were selected. The first winner was Mr. Bhuvan Bhavesh Ahire, IMCA-I. The second winner was Mr. Vedant Jitendra Mahajan, IMCA-I and third winner was Ms. Rutuja Ajay Dharmadhikari, BBA-I.





Various posters of HIV AIDS Awareness Poster Competition



Event Name: - "Celebrated National Girl Child Day"

Event Date : - 24th January 2021

Event Details:

The National Girl Child Day was celebrated on 24th January 2021. This program was organized by the Student Development Department of Institute. Mr. Tushar R. Patel, HOD of UG Department, IMRD was the resource person in this event. The resource person interacted with the girl students to explain the various efforts institute is taking for their overall development. He gave an example of institute's results where many girl students consistently getting more marks than boys. He explained the importance of self confidence in girl students to acquire anything in life. Students were motivated after listening him.

This is an annual event celebrated in the institute along with girl students from various courses. It creates awareness and offers more support for the girls in the institute. It is to increase awareness among students about the inequalities faced by the girl child in the society. All the girl students got motivated and interacted through their thoughts on the day. They promised to perform and give their best in the academic life. Most of the students said that it is useful and asked for conduction of more programs in future.

R. C. Patel Educational Trust's Institute of Management Research & Development, Shirpur

> CELEBRATION OF NATIONAL GIRL CHILD DAY 2020-21

> > 24.01.2021

Students Development Department, RCP IMRD, SHIRPUR



Event Name :- National Voters' Day
Date :- 25th January 2021

Place :-Shirpur

Event Detail :-

The National Voters' Day was celebrated on 25th January 2021. This program was organized by Student Development Department and NSS Unit of IMRD. Mr. Manoj N. Behere, Assistant Director and HOD of MCA/IMCA Department, IMRD delivered the speech on this occasion. In his speech, he said that the national voters' day is celebrated on 25th January every year in all over India. This is the day of establishment of the Election Commission of India. This celebration was started on 25th January 2011.

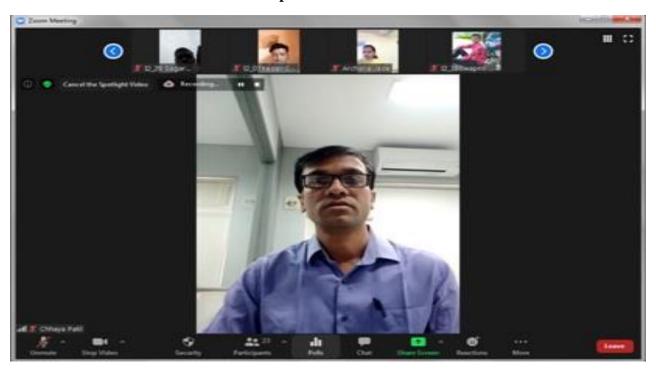
The main objectives of this celebration were to create awareness about rights and duties of eligible voters of our democratic system, to spread awareness among voters for promoting informed participation in the electoral process. On this occasion, 73 participants including faculty members and students were present.



Mr. Manoj N. Behere, Assistant Director and HOD of MCA/IMCA Department, IMRD while delivering the speech



Participants in the session



Mr. Amit P. Patil, Assistant Professor, IMRD while delivering vote of thanks

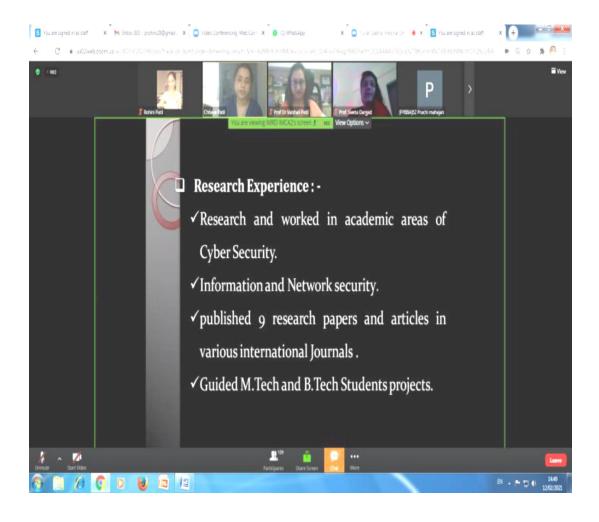
Event Name : - "Webinar on Cyber Safety Awareness"

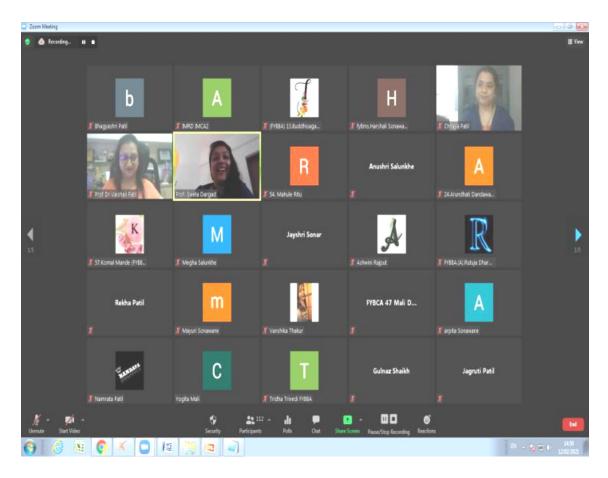
Event Date : - 12th February 2021

Event Details : -

Webinar on Cyber Safety Awareness was organized by Yuvati Sabha Committee of Institute on 12th February 2021. Prof. Sweta Dargad, Assistant Professor, U. V. Patel College of Engineering, Ganpat University, Gujarat delivered the speech on this occasion.

Webinar began with the basic concept of Cyber Safety and how to protect against cyber bullying like don't share your identity, update your software, always logout etc. Prof. Sweta explained what to do in case of being cyber bullied like someone is harassing or threatening you; she also gave demonstration on phishing and how to avoid phishing attack. She explained the topics such as plagiarism, computer virus and its types. Madam also gave some quick tips about computer virus, focused on internet addiction and its symptoms, and explained how to avoid internet addiction. She gave some important internet safety tips, explained a settings to stop receiving unnecessary SMS using BOMBitUp application.





Prof. Sweta Dargad, Assistant Professor, U. V. Patel College of Engineering, Ganpat University, Gujarat while delivering the speech with participants.

Event Name :- International Women's Day

Date :- 8th March 2021

Place :-Shirpur

Event Detail :-

"International Women's Day" was celebrated by NSS Unit and Library Department of Institute on 8th March 2021. International Women's Day is one of the most important days of the year to celebrate women's achievements, raise awareness about women's equality among peoples. On this occasion, Essay competition was organized for the students. Total 21 students participated in Essay competition and the winners of the competition were awarded with prizes.

In Essay competition, four topics were given to the students such as Empower the Women: Develop the Nation, Entrepreneurship for the Women in India, Woman: A Divine Power of the World, The Impact of COVID 19 on Women Empowerment.

From participants, top two winners were selected as per highest marks criteria. Ms. Pranjal R. Girase from BMS-II year (1st prize) and Ms. Kajal V. Buva from BBA-II year (2nd prize) got the awards. Competition was organized through Google form and one hour was given to the students for response submission.



R. C. Patel Educational Trust's

Institute of Management Research and **Development**, **Shirpur**



NSS Unit and Library Department Organizes



"Online Essay Competition"

On The Occasion of



Date: 08th March, 2021

Time: 3.00 PM to 4.00 PM



R. C. Patel Educational Trust's

Institute of Management Research and Development, Shirpur

 $\hbox{``Quality Education for Nourishing Tomorrow's IT and Management Professionals''}$

Accredited by NAAC 'B+' Grade



Hearty Congratulations !!!

to the Winners of

"Essay Competition"

organized by

NSS Unit and Library on 08 March,2021 on the occasion of "International Women's Day"

Rank	Student Name	Class
1st	Pranjal R. Girase	BMS-II
2nd	Kajal V. Buva	BBA-II





International Women's Day

Event Name: - "Webinar on Female Health and Hygiene"

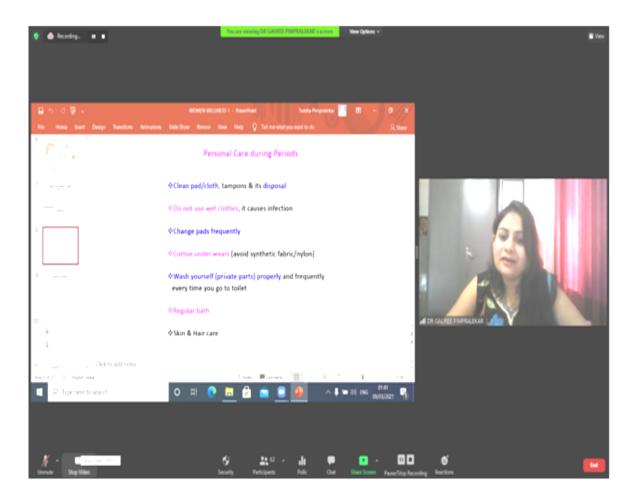
Event Date : - 9th March 2021

Event Details : -

Webinar on Female Health and Hygiene was organized by Yuvati Sabha Committee of Institute on 9th March 2021 for MCA first year girl students. Dr. Gauree Pimpralekar, Sahyadri Speciality Hospital, Nashik was invited as a resource person on this occasion. The objective of this webinar was to aware girl students about female health and hygiene. Total 91 participants attended this program. Dr. Gauree explained critical aspects regarding female health and hygiene. She described female reproductive system, most noticeable things during periods, personal care during periods. She told importance and benefits of regular exercise. She also explained one more type of exercise that is kegel exercise.

She also gave knowledge of cancer, its protection and how to do self-examination about cancer influence. She explained different key points while doing marriage in medical point of view like pre marriage HIV test, blood group test etc.

All participants were interactive throughout the session and clarified their doubts about the topics Dr. Gauree discussed.



Dr. Gauree Pimpralekar, Nashik delivering a session along with participants





आर. सी. पटेल आय.एम.आर.डी. परिसंस्थेत चर्चासत्र

🔳 शिरपूर । प्रतिनिधी

आर. सी. पटेल आय.एम.आर.डी. परिसंस्थेत युवतीसभेतर्गत चर्चा २०२१ या ऑनलाईन वेबीनारचे आयोजन करण्यात आले होते.

यावेळी प्रमुख वक्त्या म्हणून डॉ. गौरी प्रिपालकर (एम.बी.बी.एस., एम.डी. डी.जी.ओ. स्त्रीरोगतज्ज्ञ आणि वंध्यत्व) या उपस्थित होत्या. त्या सहयाद्री स्पेशिलिस्ट हॉस्पिटल येथे कार्यरत आहेत. त्यांनी आरोग्य आणि आरोग्याविषयी घ्यावयाची काळजी याबद्दल ऑनलाईन मार्गदर्शन केले. तसेच महिला पुनरुत्पादक प्रणाली, मासिक पाळी, गर्भधारणा, नियमीत योगा व व्यायाम करावा, व्यायामाचे फायदे, कॅसर, रोगप्रतिकारक शक्ती वाढविणारे प्राणायामबाबत माहिती दिली. तसेच प्रश्न उत्तरांव्दारे युवर्तींच्या समस्यांचे निरसन केले. चर्चेत डॉ. गौरी यांनी स्वाब टेस्ट, स्वच्छता, रोगप्रतिकार क्षमता, आरोग्य अशा विविध विषयांवर मार्गदर्शन केले. परिसंस्थेतील ९० हन अधिक विद्यार्थीनींनी उत्स्फूर्त सहभाग नोंदविला. कार्यक्रमाच्या यशस्वीतेसाठी युवतीसभा समन्वयिका प्रा. छाया पाटील यांनी

परिश्रम घेतले.

उपक्रमासाठी परिसंस्थेच्या संचालिका डॉ. वैशाली पाटील, एम.सी.ए. विभागप्रमुख प्रा.मनोज बेहेरे, एम.एम.एस. विभागप्रमुख डॉ. मनोज पटेल, पदवी विभागप्रमुख प्रा. तुषार पटेल यांच्या मार्गदर्शनाखाली कर्मचारी युवती सभा समिती प्रा. रोहिणी पाटील, प्रा. प्रियंका सैंदाणे, प्रा. विवेक चव्हाण, प्रा. विजय गर्गे, प्रा. सुरज निकम व प्राध्यापकांचे सहकार्य लाभले.

Newspaper cutting

Event Name: - Covid-19 Awareness Rally

Date : - 20-03-2021 **Place** : - Ramsingh Nagar

Event Detail :-

Institute has organized a series of Awareness Campaign on Pandemic Covid-19 and Programmed on 20-03 -2021. The main motto of these programmers was to create Covid-19 awareness among the citizens and mask distribution. In this program total 140 student take active participation and over 500 Mask distributed by students.



Event Name: - Mask Destribution

Date : - 20-03-2021

Place : - Near Shirpur Bus Stand

Event Detail :-

Institute has organized a series of Awareness Campaign on Pandemic Covid-19 and Mask distribution Programmed on 20-03 -2021. The main motto of these programmers was to create Covid-19 awareness among the citizens and mask distribution. In this program total 140 student take active participation and over 500 Mask distributed by students.



Event Name:- River Cleanliness Drive and Tree Plantation

Date :- 20/03/2021 **Place** :- Shirpur

Event Detail:

On 20th December 2021 RCPET's IMRD NSS Unit in association with Shirpur Municipal Corporation, Shirpur organized River Cleanliness Drive and Tree Plantation under Majhi Vasundhara Abhiyan. Cleanliness drive began by taking Majhi Vasundhara Abhiyan pledge which was given by Mrs.Deepali Salunkhe, Health Assistant, Municipal Corporation, Shirpur in presence of Hon. President Mrs. Jayshreeben A. Patel, Shripur Municipal Corporation, Hon. Vice-President Mr.Bhupeshbhai R. Patel, Shirpur Municipal Corporation, Dr.Vaishali B. Patil, Director, RCPET's IMRD, Shirpur, Mr. Manoj N. Behere, Asst. Director RCPET's IMRD, Dr.Manoj B. Patel, IQAC Coordinator, RCPET's IMRD, Shirpur, HoD UG Mr.Tushar R. Patel along with citizens, Municipal Corporation Employees, Students and NSS Volunteers. The pledge suggests small actions or changes to be taken daily by citizens so as to bring about positive changes in the environment.

Hon. President Mrs. Jayshreeben A Patel, Shripur Municipal Corporation, guided audience about Majhi Vasundhara Abhiyan and motivated for the same. NSS volunteers of Institute along with students, citizens and Shripur Municipal Corporation employees participated in River Cleanliness Drive and Tree Plantation. The volunteers worked hard from 9.30 am to 11.00 am and collected all kinds of non-degradable garbage – plastic, clothes, glass, fiber, POP idols, thermocol, etc. from the bank of the river. Rubber gloves, masks, and other instruments were provided for the safety of the students. The volunteers were provided with snacks and tea. It was disappointing to see the trees full of plastic bags, bottles, diapers, clothes, etc. and a river flowing through garbage piles. Volunteers worked hard to transform this dirty scene into a pleasant one.

Hon. President Mrs. Jayshreeben A Patel appreciated work done by NSS Volunteers & students. Along with cleanliness drive, Tree plantation Drive implemented on the bank of river. Total 20 Neem trees were planted at river bank.



Hon. President Mrs. Jayshreeben A. Patel, Shripur Municipal Corporation, Dr. Vaishali B. Patil, Director, RCPET's IMRD, NSS Volunteers and Citizens attending participated in River Cleanliness Drive



NSS Volunteers and Students Praticipated in River Cleanliness Drive



NSS Volunteers participated in Tree Plantation Drive at Arunavati Bank of River