

## R. C. Patel Educational Trust's Institute of Management Research Development, Shirpur.

Activity Name	: - International Yoga Day Celebration
Organized by	: - Sports Department and Shirpur Education Society
Date	<b>: -</b> 21.06.2024
Volunteers	: -45
No. of Staff	: -25
<b>Overall Participants</b>	: -1500
Venue	: - Institute Ground
Time	: - 6.30am
Yoga Instructor	: -Mr. Milind Songade
Asst. Yoga Teacher	: -Mr. Atul Rajput & Mr. MayurWani

On 21st June 2024, R. C. Patel Educational Trust's Institute of Management Research and Development, Shirpur celebrated 10<sup>th</sup> International Yoga Day. It was attended by prominent dignitaries Hon. KashiramV.Pawara, MLA, Shirpur along with Shri. Rajgopalji C. Bhandari,Secretary of R.C. Patel Educational Trust, Mr. Janak Patel, Chairman of Textile Engineering, Mr. Yogesh Bhandari, Director of R.C. Patel Educational Trust Mr. AtulBhadariDirector of R.C. Patel Educational Trust, Director andProfessors of IMRD. The theme for International Yoga Day 2024was 'Yoga for VasudhaivaKutumbakam,' effectively encapsulating our collective aspiration for 'One Earth, One Family, and One Future.'

Yoga in daily life is a system of practice consisting of eight levels of development in the areas of physical, mental, social and spiritual health. When the body is physically healthy, the mind is clear, focused and stress is under control. The main goals of yoga in daily life are physical Health, Mental Health, Social Health, Spiritual Health, Self-Realization or realization of the divine within us.

NSS Unit of Institute, Sports Committee and Shirpur Education Society have jointly organized 'International Yoga Day' on June 21, 2024 to bring awareness about health benefits of Yoga.Celebration started at 06:30 am, Staff members enthusiastically took part in the Mass Yoga Demonstration. Yoga InstructorMr. Milind Songade, Asst.yoga teacher Mr. Atul Rajput & Mr. MayurWanidemonstrated different Asana of Yoga and also advised all participants to practice Yoga for Good Health also explained the importance of Yoga for healthy life. Before starting yoga all participants did Omkar&Prayer.Then followed by some Asanas like Tadasan, Vrukshasana, Trikonasana, Shashankasana, Mandukasana, Bhujangasana, Shalbhasana, Pawanmuktasanaetc. and finally concluded with the prayer of shantipath.

Overall, International Yoga day celebration was a grand success with a total of 1500 Students and Staff members participated in International Yoga Day including NSS Volunteer. This day was successfully organized by NSS Unit and Sports department of Institute under the guidance of Dr.Vaishali B. Patil, Director, RCPETs IMRD, Shirpur. To make this event successful Physical Director Ms. Pooja Jain, NSS program officer Mr. Yogesh Shethiya, NSS Unit members and volunteers took efforts.

# **Glimpse of Yoga Day Celebration**



Demonstration of various Yoga postures by Yoga Trainer



Staff members doing Asanaduring the session



Students and staff members performing Yoga



Directors, Staff and Students doing Asana during the session



# R. C. Patel Educational Trust's Institute of Management Research and Development, Shirpur

Activity Name	: Intramural Chess Competition
Date	: 22/02/2025
No of Participant	s : 96 (64 Boys & 32 Girls)
Activity Details	<ul> <li>: Institute's Sports &amp; Health Club organized 'Intramural Chess Competition for the students. This event was organized on 22<sup>nd</sup> Feb 2025 Dr. Vinay Kulkarni, D. Yeatil College, Pune&amp; Prof. Mrunalini Buradkar St. V. P. College of Engineerin &amp; Technology ,Nagpurwas invited as a chief guest. The objective of this event was to provide opportunity to the students to show their talent in sports field, promote sportsmanship among students.</li> <li>Total 64 boys &amp; 32 girls were participated in Chess event. Matches were played in knock out format. Competition was heldon 22<sup>nd</sup> Feb 2025 morning 8:00 am to 4:00 pm. Trophy &amp; Certificates were given to winner, Runner up &amp; second runner up.</li> <li>This 'Chess Competition' was organized by Sports &amp; Health club committee members under the guidance of committee chairman Respected Director Dr Vaishali B. Patil Madam, Asst. Director Mr. Manoj N. Behere sir, IQAC Coordinator Dr. Manoj B. Patel sir and HOD UG Dr. Tushar R. Patel sir. For the successful conduction and execution of the event sports coordinator Ms Pooja B. Jain and Members Mr. S. M. Bagwan, Mr. Rahul Badgujar, Mr ShreeyashPatil&amp; Mr. K. S. Aptehave taken huge efforts.</li> </ul>

### Winners list is given below

Boys	Girls
<ol> <li>Vivek Nitin Bhamare</li></ol>	<ol> <li>Shruti Dinesh Patkari</li></ol>
(FYBCA) <li>Avinash Sunil Bagul(IMCA</li>	(MCAI) <li>SnehaRavindraPatil</li>
IV) <li>OnkarsingShyamsing Rajput</li>	(MCA I) <li>Roshani Pravin Mali</li>
(IMCA IV)	(SYBCA)

# **Chess Competition 2024-25**



Students Participated in the Chess Competition



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# **R. C. Patel Educational Trust's Institute of Management Research and Development, Shirpur.**

Activity Name:Intramural CarromCompetitionDate: 22/02/2025No of participants:64(32 Boys &32 Girls)

Activity Details :Institute's Sports & Health Club organized 'Intramural Carrom Competition for the students. This event was organized on 22<sup>nd</sup> Feb 2025, Dr. Vinay Kulkarni, D. Y. Patil College, Pune & Prof. Mrunalini Buradkar St. V. P. College of Engineering & Technology ,Nagpurwas invited as a chief guest.Inauguration done by chief guest by cutting ribbon.The objective of this event was to provide opportunity to the students to show their talent in sports field, to promote sportsmanship among students.

Total 32 boys &32 girls were participated in Carrom event. Matches were played in knock out format. Competition was held on 22<sup>nd</sup> Feb 2025 morning 8:00 am to 1:30 pm. Trophy & Certificates were given to winner, Runner up & second runner up.

This 'Carrom Competition' was organized by Sports & Health club committee members under the guidance of committee chairman Respected Director Dr. Vaishali B. Patil Madam, Asst. Director Mr. Manoj N. Behere sir, IQAC Coordinator Dr. Manoj B. Patel sir and HOD UG Dr. Tushar R. Patel sir.For the successful conduction and execution of the event sports coordinator Ms. Pooja B. Jain and Members Mr. S. M. Bagwan, Mr. Rahul Badgujar, Mr. ShreeyashPatil& Mr. K. S. Apte have taken huge efforts.

### Winners list is given below

Boys	Girls
<ol> <li>Vivek Krishna Gopal</li></ol>	<ol> <li>Roshani Pravin Mali</li></ol>
(SYBCA) <li>Yash Vilas Wagh</li>	(SYBCA) <li>VaishnaviNileshPatil</li>
(SYBCA) <li>Mayuresh Kailas Pawar</li>	(SYBCA) <li>UnnatiVinayakChaudhari</li>
(SYBCA)	(SYBCA)

# Carrom Competition 2024-25



Inauguration of Intramural Carrom and Chess Competition done by chief guest



All the semi-finalist participants



Students participated in the Carrom Competition



Students participated in the Carrom Competition

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R. C. Patel Educational Trust's

# Institute of Management Research and Development, Shirpur.

: IMRD Cricket Championship
: 26/02/2025 to 02/03/2025
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<ul> <li>: Institute's Sports &amp; Health Club organized 'IMRD Cricket Championship' for the students &amp; staff. This event was organized from 26<sup>th</sup> Feb 2025 to 2<sup>nd</sup> Mar 2025 on IMRD Ground. Dr. Vaishali Patil invited as a chief guest. The match started with toss from chief guest. The objective of these matches was to provide opportunity to staff &amp; students to show their talent in sports &amp; by actively involving in sports can help teachers relax from their daily routine &amp; reduce stress.</li> <li>Total 21 teams participated in these matches. Matches were played on tennis ball &amp; in knock out format. The final match played between TYBCA (Bari worriors) vs SYBCA (Mahakal Worriors) team. TYBCA team won the toss &amp; elected to bat first. TYBCA team scored 81/10 runs in 10 over's &amp; SYBCA team scored 85/7 in 8.2 overs. SYBCA team won the match by 4 wickets. Praful Thakur awarded as a Man of the match. Trophy &amp; Certificates were given to winner &amp; runner up team.</li> <li>This competition was organized by Sports &amp; Health club committee members under the guidance of committee chairman Respected Director Dr. Vaishali Patil Madam, Asst. Director Mr. Manoj Behere sir, IQAC Coordinator Dr. M. B. Patel sir and HOD UG Dr. T. R. Patel sir. For the successful conduction and execution of the event sports coordinator Ms. Pooja B. Jain and Members Mr. S. M. Bagwan, Mr. Rahul Badgujar, Mr. Shreeyash Patil &amp; Mr. K. S. Apte have taken huge efforts.</li> </ul>

# IMRD Cricket Championship 2024-25



Toss done by Chief Guest Dr. Vaishali Patil



Match between TYBCA vs IMCA IV



### All the participants



Final Match Played between TYBCA vs. SYBCA



### All the team captains

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R. C. Patel Educational Trust's

## Institute of Management Research and Development, Shirpur

Activity Name: Intramural Badminton CompetitionDate: 23/02/2025No of Participants: 64 (32 Boys & 32 Girls)

Activity Details:Institute's Sports & Health Club organized 'Intramural BadmintonCompetition for the students. This event was organized on 23<sup>rd</sup> Feb 2025. The objective of this event was to provide opportunity to the students to show their talent in sports, to promote sportsmanship among students.

Total 32 boys & 32 girls were participated in Badminton event. Matches were played in knock out format. Competition was held on 23<sup>rd</sup> Feb 2025 morning 8:30 am to 4:30 pm at- mainbuilding badminton hall. Trophy & Certificates were given to winner, Runner up & second runner up.

This 'Badminton Competition' was organized by Sports & Health club committee members under the guidance of committee chairman Respected Director Dr. Vaishali B. Patil Madam, Asst. Director Mr. Manoj N. Behere sir, IQAC Coordinator Dr. Manoj B. Patel sir and HOD UG Dr. Tushar R. Patel sir. For the successful conduction and execution of the event sports coordinator Ms.Pooja B. Jain and Members Mr. S. M. Bagwan, Mr. Rahul Badgujar, Mr. ShreeyashPatil& Mr.K. S. Aptehave taken huge efforts.

#### Winners list is given below

Boys	Girls
<ul> <li>(SYBCA)</li> <li>2) Abhishek Yogesh Jain (TYBMS)</li> <li>3) BhushanPandurang More</li> </ul>	<ol> <li>Daksha Mahendra Sonar (SYBCA)</li> <li>KalyaniRavindra Mali (FYBBA)</li> <li>MuskanAashish Gupta (TYBCA)</li> </ol>

# **Intramural Badminton Competition 2024-25**



**Students Participated in the Badminton Competition** 



Students Participated in the Badminton Competition



Toss between semi finalistMuskan&Mansvi



Students Participated in the BadmintonCompetition.

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